



# ADDICTION SUPPORT PROGRAM

Are you struggling with substance use? Our team now includes a social worker for patients seeking support for their substance use. The program is designed to be a supportive, non-judgmental, and harm-reduction approach that helps you to achieve your personal goals regarding your substance use.



Family Health Team

AVAILABLE  
TUESDAYS AND  
FRIDAYS

INDIVIDUAL  
COUNSELLING

SUPPORTIVE

NON-JUDGMENTAL

HARM-REDUCTION  
APPROACH

SPEAK TO YOUR  
PHYSICIAN OR  
HEALTHCARE  
PROVIDER FOR MORE  
INFORMATION