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## Family Health Team

### **Job Description** ***Addictions Counsellor (0.4 FTE)***

#### **Village Family Health Team**

Village Family Health Team serves the rapidly growing neighbourhoods of Liberty Village, King/Queen West and Parkdale. About 16% of our 11,500 patients have serious mental illness and or addictions. Liberty Village offers many amenities including housing, fitness facilities, shopping, and restaurants. TTC buses run right through Liberty Village and the FHT is steps away from the Exhibition GO Train stop. Village FHT is pleased to offer HOOPP as our pension plan.

#### **Position Summary**

Together with family physicians with expertise in supporting people with addictions, the Addictions Counsellor will play an integral role on the Village FHT team. Working within the context of a patient-centered care model and a harm reduction framework, they will support people with a range of addictions through groups and individual counselling. The Counsellor will enable the patient to establish and achieve goals as set by the patient. The Counsellor will also be responsible to support people who have experienced trauma.

#### **Roles and Responsibilities**

##### **Counselling**

1. Provide assessment and counselling services to individuals, couples and when appropriate, families.
2. Use various techniques in therapy depending on the needs of the patients as well as skills and interests of the therapist, i.e. body work, art therapy, talk therapy.
3. Ensure appropriate treatment is delivered by maintaining patient chart and correspondence within the safeguard of confidentiality.
4. Ensure comprehensive treatment for patients by providing information and consulting with other team members on an on-going basis and by providing consultation on psycho-social issues.

##### **Group Work**

1. Offer support, psychotherapy and psycho-educational groups. Develop group cohesion, goals, and appropriate interventions and arrange for follow-up as needed.

##### **Case Management**

1. Provide information and referral regarding community resources.

2. Provide case advocacy to ensure that the patient receives the community supports and health and social services to which they are entitled.
3. Arrange and follow up with case consultation and case planning with other members of the health care team.

### **Liaison/Information Systems**

1. Liaise with community agencies and institutions regarding issues relevant to client need.
2. Establish a network of contacts for use by Village FHT.

### **Outreach**

1. Represent Village FHT with local agencies and services.
2. Develop priority issues on an individual and collective basis and participate in the planning and development of programs.

### **Policy Development and Implementation**

1. Develop and practice within guidelines of appropriate protocols and policies
2. Be a willing investigator/contributor in approved research studies

### **Qualifications**

- Bachelors of Social Work
- Certificate in Addictions Studies from a recognized institution
- Minimum 2 years working as an Addictions Counsellor
- Training and experience in harm reduction and motivational interviewing
- Proficiency in brief solution focused counselling that is trauma informed
- Trauma Specific Training is an asset
- Experience working with an interdisciplinary team including family physicians
- Demonstrated program development experience
- Computer proficiency

### **Reporting Structure**

The Addictions Counsellor reports to the Executive Director for day-to-day operations.

### **Location**

This position is located at 171 East Liberty St. Unit 102.

### **Hours of Work**

15 hours per week and will generally correspond to the FHT practice operations. There will be some evening and/or weekend clinics. Must be available to work on Tuesdays.

### **Status**

0.4 FTE – permanent position

### **To Apply**

Send CV to [diana.noel@villagefht.ca](mailto:diana.noel@villagefht.ca) by November 8, 2017